2nd ASIAN PUBLIC MENTAL HEALTH CONGRESS

OPENING CEREMONY

13:25 PM

SESSION TALKS

SALEH AL HASNAWI
Honorary President, Iraqi Association of Psychiatrists
Psychiatric aspect of Covid-19 infection

13:30 PM

OSMAN KUČUK
Centre for dementia in Sarajevo, Bosnia and Herzegovina
Humor and resilience during crisis

14:00 PM

SANGEETHA PARAM
Motivational Speaker on Mental Health, India
Eureka- Journey to discover oneself

14:30 PM

SPECIAL SESSION

AUSTIN A MARDON
University of Alberta, Canada

Catherine A Mardon
University of Alberta, Canada

Lived experience from a couple with PTSD and schizophrenia: Lessons learned

15:00 PM

Note: Timings are mentioned as per Central European Time (GMT +1)
SESSION TALKS

R. SUDHA
Avinashilingam Institute for Home Science and Higher Education for Women, India

The journey from self criticism to self compassion: An empirical study

15:45 PM

M. SATHYA
Avinashilingam Institute for Home Science and Higher Education for Women, India

Enhancement of social adjustment of rural women in self-help groups through positive therapy

16:00 PM

RITA RANI BHATTACHARJEE
Vellore Institute of Technology, India

A study on the personality factors of college students by Big Five personality dimensions with special reference to Vellore District, India

16:15 PM

JOHN CHRISTY JOHNSON & PETER
Edmonton Robotics Laboratory, Canada

Consequences of smartphone culture: Mental health in an app-for-that generation and the socioeconomic discrepancy (Pre-recorded)

16:30 PM

S. SUBHASHINI
Avinashilingam Institute for Home Science and Higher Education for Women, India

Effectiveness of laughter therapy in managing social media addiction and controlling sleep disturbance

16:45 PM
2nd ASIAN PUBLIC MENTAL HEALTH CONGRESS

S. SHIYAMALA
Avinashilingam Institute for Home Science and Higher Education for Women, India
Creativity style, achievement motivation and happiness among young adults

M. BUENA PHILOMINA
Avinashilingam Institute for Home Science and Higher Education for Women, India
The relationship of resilience, meaning of life and psychological well-being among adolescents

NAVNA PANCHAMI RAVINDRAN
Dy Patil Medical College Hospital and Research Institute, India
Sexual Dysfunction in Hypertensive females affecting different domains - A longitudinal study

A.M. SRINITHI
Avinashilingam Institute for Home Science and Higher Education for Women, India
Empathy, emotion regulation and psychological well being among Mental Health Professionals

M. ANITHA
Avinashilingam Institute for Home Science and Higher Education for Women, India
Effectiveness of cognitive behaviour therapy in enhancing self-efficacy and psychological well being in the caregivers of special children

COFFEE BREAK
2nd ASIAN PUBLIC MENTAL HEALTH CONGRESS

MSIZA NGOANAMOGOASHI IREEN
Grobler sdal Hospital, South Africa

Exploring various treatment approaches for recovery of Nyaope addicts in South Africa

KEYNOTE SESSION

EVELYN GRAY
Certified Coach, Consultant, Speaker & Author, USA

IF YOU CAN'T FIND IT IN 30 SECONDS, IT'S IN THE WRONG PLACE

Note: Timings are mentioned as per Central European Time (GMT +1)